



The Hearl Herald



Melvin E. Hearl Post No. 21 - 303 30th St N. Moorhead, MN 56560

Phone: 233-1297 • Fax: 233-6872 • Like us on Facebook - legionpost21 • January 2023

COMMANDERS CORNER

Happy New Year to everyone.

Here we are, starting 2023. I am hoping that everyone is staying warm and healthy.

The Post was very active in December, starting off with the Legion Riders having a benefit breakfast for the Golden Drive Homeless Kids. When it was all over, they raised just shy of 5 thousand dollars for the Golden Drive kids. That same day the Post and the Dilworth VFW held a Christmas party for the kids. It was a great success; everyone had fun, and the kids loved the craft items and the toys from Santa Clause. Several other events happened throughout the rest of the month. All of this would not have happened if was not for the great staff and volunteers. I want to thank everyone for all of the hard work in getting this done. This is what makes our Post a great place to come to.

Please keep an eye on the Post calendar starting in January, we are making changes to trying and bring in more live entertainment for two Saturdays a month.

We are making good progress on getting the membership renewals in, and if you have not sent yours in, please do so, this will ensure that you keep your continuous years of membership. You may be receiving a phone call from former Commander Gary Schultz to follow up with you regarding your renewal.

MANAGER'S CORNER

Hello Legionnaires!!

I hope everyone had a fantastic holiday season!! Mother Nature didn't cooperate much, but what do ya do? The events we had planned here in December at Post 21 went very well, thanks to staff and volunteers. Our New Year's celebration will be a good time for everyone. And New Year's Day is always a big hit around here.

The Vikings sure have kept everyone on the edge of their seats recently, and we still have more to come. There is always a good crowd here at the Club to watch the Vikes, and now we get to throw in the Bison on January 8th at 1 pm as they try to capture their 10th FCS Championship. It should be an exciting day. Come on down and watch it.

If you enjoy cooking chili, bring your chili to the Club on January 21st for our annual chili cook-off. See the attached flyer, please. And if you would like to taste test them all, come on down for this as well. Rick Adams will be taking the stage at 7 pm that night, and this man never disappoints; he is very talented.

January 29th, bring your favorite Hotdish for the Hotdish contest put on by the Veterans Honor Flight of ND/MN and silent auction as well. See this flyer inside here as well. A lot more events going on in January, and Frostival is just around the corner, the first week in February.

I wish you all a Happy and Healthy 2023, and I can't wait to see what it brings. Take Care, everyone, and keep our Troops and Veterans in your prayers.

May God Bless You, and May God Bless America.

Scott B. Moen, Post 21 Manager



COMMANDERS CORNER - CONTINUED

Please watch for an announcement from the Post Auxiliary about sponsoring a light cover inside of the Post. I am wishing everyone a healthy and prosperous New Year.

Paul Leeman
Commander



AUXILIARY PRESIDENT

Happy New Year!

This is a busy time of year preparing for friends and family celebrations, get-togethers, shopping, traveling, and trying to stay warm!!! At our last meeting, our Legion Auxiliary members voted not to have a meeting in January, so our next meeting will be on February 6th at 6:00 PM. If you are on our email list, an email will be sent out to remind you about the change.

On January 1st, the Legion Post will be serving lasagna on New Year's Day, and many of our Auxiliary members have signed up to help serve. A reminder to those that did sign up to be at the Legion around 11:30 AM. The red aprons will be there for you to wear.

A huge thank you to everyone that helped make the Military Children's Christmas Party a fun and successful event! The families had fun going to the different activity stations making ornaments, decorating cookies, making an advent chain, and decorating a stocking. The children could also enter the "Children Only" store to pick out and wrap gifts for their family! And, of course, Mr. and Mrs. Santa handed out gifts to all the children! This was done in collaboration with the Dilworth VFW, and we are looking forward to next year's party!

At our December meeting, we enjoyed a potluck with good food (especially the cheesy cinnamon breads 3 different members brought!!!) while also taking care of some Auxiliary business. There will be a lot to plan and discuss for the new year at our next meeting. Kathy, our treasurer, is busy filling out forms to be sent to the state for our donations to several nonprofit organizations,

the ceiling light fund-raising committee is getting closer to a start-up date, activities are already starting to be scheduled for the next year, Lori, our poppy chairman, is ordering lots of poppies and new members continue to join! This coming year will be exciting and rewarding with all the great ideas and member participation while we continue to serve our Veterans and their families.

If you are visiting the Legion, take a look at the back wall. We have joined the other Legion groups with a matching oval sign. Our sign has our Auxiliary emblem plus a Poppy. It looks great! We hope to add the same sign outside on the front of the building with the other groups. We are proud of our Unit 21 Auxiliary, and what a great way to let everyone know! There will also be space to display awards and other items for everyone to see.

I wish health and happiness to you and yours in the new year ahead!

Barb Chamberlain
Unit 21 Auxiliary President



AUXILIARY MEMBERSHIP

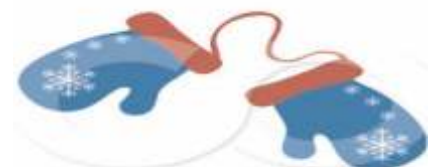
I would like to start the new year by saying THANK YOU to all who have renewed their membership by paying their 2023 dues, as well as our new members who joined this year and welcome a recent new member - Tammy Olson. 78% of our members have already renewed, but that leaves 22% who have not. If you are in that 22%, I would love to hear from you!

Dues for 2023 are still \$30.00 for senior members and \$10.00 for juniors (age 17 and under). If your card doesn't say 2023, please renew soon. National does not send out dues notices for junior members - your renewal notice just lists the amount for our Unit - so please include renewal for them as well. Also, encourage family and friends to join the Post, the Auxiliary, and the SAL. Remember, eligibility for new Auxiliary members requires that if the person they are joining under is still living, they must belong to an American Legion Post.

Your membership makes a big difference – not only here at Moorhead Unit 21 but throughout the United States as we work together to make life a little better for those who took the time to serve our country and make sure we have the freedom to live our lives as we choose. Thank a veteran for their service – we owe them a lot.

Happy New Year!!

Judy Carpenter, Membership Chairperson
701-367-6173,
jucarpenter@earthlink.net
1332 11th Ave N, Moorhead, MN 56560





Welcome to 2023!

As I look back on 2022 and all the phenomenal accomplishments made with the help from our Legion family and giving community, I'm humbled beyond belief! Together we have been able to help some amazing charities. The Fargo National Cemetery, Veterans Honor Flight of ND/MN, Honor Guard, Moorhead Legion Building Committee, and the Golden Drive Homeless Kids, to name just a few. Thank You to all that made all these achievements and many more possible! As we look to 2023, we have great things in the works. We start off the year with one of our amazing breakfasts benefiting Jail Chaplains on the North Dakota side and Heart of Clay Ministries in Minnesota. What both organizations do for our community is amazing! And then it is the Riders winter extravaganza Freezin For A Reason Frostival, February 3rd through the 5th This will be the Rider's 3rd annual Frostival. All proceeds will go to the Veterans Honor Flight of ND/MN and Golden Drive Homeless Kids. Please watch for upcoming schedules and come help us support these. Let me end by Thanking a few of our biggest supporters. First, the Moorhead American Legion, which we are proud to call home! And thankful for all the help and endless support. We would also like to Thank John and Sarah from J&S bar in Felton, Dawn and John from the Outback Saloon in Georgetown, and Lori from Twisted Sister at Pub 21 in Ada! We couldn't do what we do without these great patriotic people! From each and every Rider, we hope your Holidays were blessed! And we hope the New Year brings joy and happiness!



FUNDRAISER BREAKFAST

Sunday, January 8th - 8:30 AM - 12:30 PM

Moorhead American Legion

303 30th St N

All proceeds go to Jail Chaplains and Heart of Clay Ministries



Menu:

Biscuits & Gravy, Potatoes, Pancakes,

Sausage, Scrambled Eggs & Coffee/Juice

Bloody Mary's and Mimosa Bar For Purchase

Bake Sale

Doug Dietrich
FM Legion Rider Director



FARGO MEMORIAL HONOR GUARD

VA NATIONAL CEMETERY



THE FARGO MEMORIAL HONOR GUARD HAS BEEN SERVING THE FARGO VETERANS NATIONAL CEMETERY SINCE IT'S DEDICATION ON 7 SEPTEMBER 2019.

For the month of NOVEMBER, we had 10 internments/burials, 6 VETERANS, AND 4 SPOUSES. THE LAST INTERNMENT FOR A VETERAN WAS ON 15 NOVEMBER 2022.

There are 159 urns in the Columbarium, 365rns in the ground, 23 caskets in the private vaults, 164 caskets in the Government vaults, and 2 plaques on the Memorial Wall. WE HAVE 569 VETERANS AND 142 SPOUSES INTERRED/BURIED AT THE FARGO NATIONAL CEMETERY, FOR A TOTAL OF 713 INTERNMENTS/BURIALS. THIS INCLUDES THE 75 COUPLES INTERRED/BURIED AT THE FARGO NATIONAL CEMETERY.

THE break down per branch of service is: Army – 313, Navy – 110, Marine Corps – 40, us Air Force -109 and Spouses – 141, for a total of 713 internments/burials

WE HAVE DONATED 130 VOLUNTEER HOURS FOR NOVEMBER 2022. OUR YEARLY VOLUNTEER HOURS ARE – 2019 = 966, 2020 = 2,072, 2021 = 3,373, 2022 = 2,776. Since 13 October 2019 thru 30 NOVEMBER 2022, WE HAVE ACCUMULATED 9,784 DONATED VOLUNTEER HOURS.

THERE HAVE BEEN MANY VETERAN INTERNMENTS/BURIALS IN THE AREA, LOCAL CHURCHES, AND COMMUNITY CEMETERIES.

The Fargo Memorial Honor Guard has performed the Military Honors in all types of weather. The FM Honor Guard WILL NEVER cancel an Internment of a Veteran because of bad weather. The family has to make that decision.

I WILL HAVE AN UPDATE ON THE REMODELING OF THE SHELTER AND A PICTURE OF THE WIND-WALLS NEXT MONTH.

I LOVE THE SMELL OF FRESHLY BREWED COFFEE IN THE MORNING. AND I LOVE THE SOUND OF NO ONE TALKING TO ME WHILE I DRINK IT.

We are always looking for new members to join the Fargo Memorial Honor Guard. If you are interested or have questions, please call Marvin J. Nicklay at 701 - 371 - 0604 or email me at mjnicklayupb@gmail.com.

**Be Careful- Be Safe - Wear Your Mask! Take care, and GOD BLESS. Marvin J. Nicklay
COMMANDER**





OUTSTANDING NATIONAL GUARD/RESERVE ENLISTED OF THE YEAR WINNERS



Staff Sgt. Gary S. Bush of Moorhead is the Marine Forces Reserve recipient. He serves with the Detachment Support Company of the 4th Law Enforcement Battalion.



TAPS



Post 21 offers its sincere condolences to the families and friends of their loved one who recently passed away.

**Donald Tillisch, USA,
Thomas Arendt, USA
Orville Dukleth**

Our thoughts and prayers are with the Families of these Veterans.

Squadron 21 News

We would like to welcome the following to the Legion Family. Christopher Anderson, Riley Anderson and Mike Turnquist.

Thank you, and God Bless,

Dale Jenson- SAL Commander
Jered Pigeon-SAL Adjutant



facebook



[@MoorheadSAL](#)

Color/Honor Guard

Color/Honor Guard

The Honor Guard presented military honors at the Kenneth Heinisch, Robert Collins and Darrel Jensen funerals.

I talked to Vern Nolting again about his experience with the Post 21 Honor Guard and learned some interesting things. Vern served in the Navy during the Korean War. In the mid 60's, he joined the Bagley, MN American Legion Post, where he participated in the funeral of a soldier killed in the Viet Nam War. He decided to join the Post 21 Honor Guard after Honor Guard member Shocky Strand died in Aug. 2010. It was a pleasure serving in the Honor Guard with you.

Honor Guard member Will Fischer broke his hip in November and is recovering well but has not been able to participate in Honor Guard events. Therefore, we need new members to participate in the Color/Honor Guard. A stipend is provided for each honors event you participate in, and the Post provides the required uniform. If you are interested, please contact me at 701-261-7012.

Peter Larson, Honor Guard Commander
Melvin E. Hearl Post 21, Email: phlarson@midco.net
Phone: 701-261-7012

Memorial Donations

Thank you to everyone who has donated in the past to support the Color/Honor Guard.

Want to recognize your favorite Veteran? Consider purchasing a Paver and recognizing them. The cost is \$75.00 per paver. For more information, contact the Post Home at 218-233-1297.



SATURDAY NIGHT BINGO

STARTING IN JANUARY - 2 SESSIONS PER MONTH
SATURDAY SESSIONS WILL BE PLAYED ON
THE 2ND & 4TH SATURDAYS OF EACH MONTH
with LATE-NIGHT SESSION FOLLOWING
(JAN., 14 & 28; FEB., 11 & 25; MAR. 11&25... etc)

Current Post 21 members serving on Active Duty/ Reserve Component

If you're currently in the service Active or Reserve Component and not listed below, please send me your information.

I'd like to add your name to this list!!!

GySgt Chad Beckerleg - USMC
MSgt Samuel Dibble - ND ANG
SrA Collin Denny - ND ANG
MSgt Jason Meyers - ND ANG
MSgt Jeffrey Dahl - ND ANG
MSgt Brandon Grund - ND ANG
MAJ Mathew Hoff - US ARMY
2LT Shelby Moderow - USAR
SFC Nicholas Romie - MN ARNG
SMgt Shane Amundson - ND ANG
2LT Lukas Ziegler - USA
SPC Gavin Bakke, MN ARNG
MSgt Kyle Rosenfeldt, ND ANG
CMSAF Rich Duysen - ND ANG
Gary Bush, SSGT, USMCR
MSgt Betsy Miller - ND ANG
SPC Jacob Schobinger - USAR
SPC Jordan Boman - USA
Capt Skyler Muller - USAF
Lt Col Adam Erlandson - USAF
Maj Tara Erlandson - USAF
Holger Loor - ND ARNG
Monte DeBoer - US Navy
SFC Seth Goehring - MN ARNG
SSG David McCleary - MN ARNG
CPT Jordan Dibich - MN ARNG
MSgt Mason Krebsbach - ND ANG
TSgt Jacob Dibble - ND ANG
SMgt Richard Hayes - ND ANG
SPC Mason Hughes - ND ARNG

***** - Currently Deployed**

Thank You for your Service!!!!



New Years Eve/Day Activities

Saturday Dec 31st

**HAPPY NEW YEAR
2023!**

Open at 11 AM

Kitchen Open



Happy Hour Prices All Day

Meat Raffles - 5:30 PM

3 - \$500 Blackouts

Karaoke - Right after Bingo

Champagne Toast to

New Year 11:00 PM



Happy New Year!

Sunday Jan 1st

Doors open @ 11 AM

Lasagna @ Noon

Meat Raffles 1:00 PM

Bingo @ 3:00 PM



(\$1000.00 Must Go) and MORE!!

3:25 PM -



vs



Right Here at Your "Friendly"

Moorhead American Legion

Post 21 Gaming Donations

The Following Donations were approved by the Gaming Committee:

Golden Drive Homeless Kids Food (Riders)	\$460.83
Golden Drive Homeless Kids Food (Post)	\$460.82
North Dakota Elite (NDE)	\$200.00
Wreaths for The Fallen	\$100.00
DGF Post Prom	\$250.00
Hawley Post Prom	\$250.00
Veterans Honor Flight ND/MN (50/50 Raffle)	\$1,725.00
US Army Reserve (Deployment Food)	\$2,000.00
Middle River Veterans Outdoors	\$100.00
Boys State	\$150.00
Hospitalizes Veterans	\$250.00
Ronald McDonald House	\$250.00
Color Guard	\$1,070.00
Total	\$7,266.65

“RRR Fundraising Update”

(Restore, Refresh and Replace)

We are still raising money for the RRR Fund.

Thank Marvin Nicklay for your donations to the RRR fund.

The RRR Fund is an ongoing fundraiser for repairs at your Post Home. Have questions on this fund; please give Scott Moen, Club Manager, a call @ 218-233-1297

Also, a very heartfelt thank you to all our previous donors for your dollars and Volunteering to make this Post Home look great.

Post 21 Management & Officers

Post 21 Gaming

Moorhead American Legion Gaming Tidbits

December 25th, 2022

During this past year, we have donated to many charitable organizations. Some of which are:

Churches United, Brady Oberg Legacy, MN. 9th Dist. Band, National Emergency Fund, Veterans Honor Flight of ND/MN, Fargo VA, Dorothy Day House, Ronald McDonald House, Cowboy Up Ride Against Cancer, Golden Valley Drive for Homeless Kids, Fargo Memorial Honor Guard, American Heroes Outdoors, MN Warriors Hockey, Post Legion Color Guard, Fergus Falls Veterans Home, YMCA Cass Clay, Fort Snelling Memorial, Boys State, Girls State, Scouts, Hope Inc. Legion Boys Baseball, Legion Girls Softball.

Thank you for helping us support these and many more charities and other needs in the community.

Dennis Beckerleg
Gaming Manager

DASH for CASH
SATURDAYS
CASH PRIZES - \$40 TO \$250
SIM. RACES-RAFFLES-TIPBOARDS
STARTS NOV. 5 @ 4:00PM

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 Financial Associate
 702-373-8072
 27193 R7-21



Congratulations Betsy Miller

From Post 21 for being



The next SCHEELS Hometown Hero

Today, we traveled through the winter wonderland to [Scheels Home & Hardware](#) to SURPRISE the next SCHEELS Hometown Hero, Elizabeth Miller!

Officer Elizabeth (Betsy) Miller is a 2009 graduate of Moorhead High School. In March of 2009, Elizabeth joined the [119th Wing North Dakota Air National Guard](#), The Happy Hooligans, as a Security Forces Specialist. Officer Miller completed her associate's degree in criminal justice, through the Community College of the Air Force, in the Spring of 2016. Officer Miller deployed with the 119th Wing Security Forces to South West Asia in the summer of 2017. Currently, officer Miller is a Master Sergeant, and squad leader, for the 119th Security Forces squadron.

Officer Miller joined the [Fargo Police Department](#) and completed her training at the North Dakota Law Enforcement training center in December of 2016. She has been a patrol officer and was selected to be a K9 officer in the Fall of 2021. Her K9 partner, Toby, and Officer Miller completed training in December of 2019. Officer Miller and Toby are trained in explosive detection and apprehension.

Elizabeth's service to country and community is a clear example of why she is the next [#Scheels #hometownhero](#). Full story coming January 1st!!



 AMERICAN
LEGION

NEW YEARS EVE - POST 21

DASH FOR CASH - 4PM
MEAT RAFFLES - 5:30PM
BINGO - 6:30PM/ KARAOKE - 9PM
CHAMPAGNE TOAST - 11PM



New Members



Melvin E. Hearl, Post 21 would like to welcome the following American Legion Family Members to our Post Home!!

Steve Paradis, USN



2023 NEW YEARS DAY EVENTS - POST 21

LASAGNA at NOON

VIKINGS vs PACKERS

MEAT RAFFLES at 1PM

at 3:25PM

BINGO at 3PM

ADULT BEVERAGES!

\$1000 MUST GO!

\$99 to \$200 GAMES!

HAPPY

New Year



BACKYARD
GRILLING COMPANY

At The Moorhead American Legion Post 21

Lunch Hours: 11:30am to 2:00pm Tuesday - Friday

Dinner Hours: 5:00pm to 8:00pm Tuesday, Thursday, Friday and Saturday

FALL / WINTER DINNER FEATURES

TUESDAY

Fish & Chips - \$14

Fresh Atlantic Cod Loins and House Cut Potatoes

Beer Battered and Fried to Order. Served with House Made Tartar Sauce and Malt Vinegar

THURSDAY

Barbecue Philly Dip - \$15

A Mashup of a Philly, Italian Beef and a French Dip.

Sliced Smoked Beef Piled on a Toasted Hoagie, with Boursin Cheese, Chicken Fried Onions & Peppers, and Au Jus

FRIDAY

BYO Mac & Cheese - \$10***

Always Made from Scratch, Extra Creamy Mac & Cheese Made Your Way.

Make it a Double Portion, and add Broccoli, Bacon, Burnt Ends, Pulled Pork, Buffalo Chicken or BBQ Chicken

SATURDAY

Monster Baked Potato - \$12

A Giant Baked Potato, Overflowing with Beer Cheese, Pulled Pork, Bacon, BBQ Sauce and Jalapeno's

JAY NELSON SIOR CCIM
 701.730.0290 cell
 jaynelson@archercommercial.com

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422 Highway 75 North
 Moorhead, MN 56560
 Email: charlieandsonsel@aol.com



VETERANS HONOR Flight of ND/MN

Upcoming Events

www.veteranshonorflightofndmn.org



Veterans Honor Flight of ND/MN will be at the following events. We have been blessed to have our products to sell at the following events. Some of the events are hosted by Veterans Honor Flight of ND/MN, others are from generous sponsors of the events.

Here are a few fundraisers that are coming up

<u>Date/Time</u>	<u>Event</u>	<u>Location</u>
December 28, 2022	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
January 11, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
January 25, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
January 29, 2023	Hotdish Contest	Moorhead Legion
February 8, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
February 22, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
March 8, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
March 18, 2023	Bingo (Designer Purses, Men Items)	Hankinson Community Center
March 22, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
April 5, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
April 19, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
May 3, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
May 17, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
May 31, 2023	Meat Raffle-5:30-7:00	Wild Rice Bar and Grill
July 22, 2023	Over the Top-Street Dance, Food Trucks	Moorhead Legion

Send Donations to: - Honor Flight - PO Box 644 - West Fargo, ND

Breakfast Fundraiser



Pancakes, Eggs, Sausage,
Milk, OJ, & Coffee
Free will donation

Proceeds benefit the
Moorhead Legion Blues
& Golds Baseball teams



Sunday, January 15th
9:00 AM - 12:00 Noon
Moorhead American Legion
303 30th St N

You're Invited!

VETERANS BREAKFAST

FREE OF CHARGE FOR ALL WHO HAVE WORN THE UNIFORM



Date: Sat January 21

Time: 8:30 AM

**Location: Fargo Baptist Church
3303 23rd Ave S (West Wing)**

Enjoy fellowship & food

RSVP - Text or Call - Donnie Rodger 701-388-5026

Saturdays Burger Baskets



*Plain or with
cheese, fries,*

from 11:30am to 2:00pm

onions (fried or raw)...

Save the Date

SUPER BOWL SUNDAY

February 12th

Super Buffet/ Dart Tournament



More next month



DART TOURNAMENT BLIND DRAW

AT THE MOORHEAD AMERICAN LEGION

FEBRUARY 12TH

**\$15 EARLY BIRD
REGISTRATION BY FEB. 5TH**
\$20 AFTER FEB. 5 OR DAY OF

12PM CHECK IN - PLAY STARTS AT 1PM

CASH PRIZES!

FIND US ON FACEBOOK // PH. 218.233.1297

Veterans Service Officer

Happy New Year,

The new year is here, and with it comes those pesky resolutions and open enrollment for a couple of VA programs. Here's a couple of things that could jump-start your new year and bring some things in perspective. As always, please feel free to reach out to me with any questions, comments, or concerns. A special thanks to the Legion Riders for supporting our homeless veterans with a quality Christmas meal and gift.

(Courtesy of Grind Success)

1. Acknowledge the fact of your own mortality, and then start structuring your life in a more meaningful way.
2. Your material wealth will not make you a better or happier person.
3. Your obsession with finding happiness is what prevents its attainment.

Happiness is always present in your life--it is just a matter of connecting to it and allowing it to flow through you, that is challenging.

4. Donating money does less than donating time.

Giving your time is a way to change your perception and create a memory for yourself and others that will last forever.

5. You cannot make everyone happy, and if you try, you will lose yourself.

6. Your achievements and successes will not matter on your deathbed.

When your time has come to transition from this reality, you will not be thinking about that raise; you will be thinking about the relationships you have made--so start acting accordingly.

7. Your talent means nothing without consistent effort and practice.

Some of the most talented people in the world never move out from their parent's basement.

8. Nobody cares how difficult your life is, and you are the author of your life's story.

Stop looking for people to give you sympathy and start creating the life story you want to read.

9. Investing in yourself is not selfish. It is the most worthwhile thing you can do.

You must put on your own gas mask to save the person sitting right next to you.

10. Time is your most valuable asset--you need to prioritize how you spend it.

You have the power and responsibility to decide what you do with the time you have, so choose wisely.

VA Health Care Open Enrollment: As part of the PACT Act, VA has expanded health care eligibility for certain veterans who were discharged after Sept. 11, 2001, and before Oct. 1, 2013. A one-year open enrollment period began on Oct. 1, 2022, for this group of veterans, depending on their dates and locations of service, regardless of disability claim status. Once the open enrollment period has closed, veterans from this group will be eligible for VA health care as part of a phase-in process, depending on discharge date.

VA Life Insurance policies have been serving our nation's Veterans, service members, and their families for over 100 years. Starting January 1, 2023, enrollment opens for Veterans Affairs Life Insurance (VALife)—a new program offering increased access for Veterans age 80 or under with any level of service-connected disability (0-100%).

Life insurance is a key component for future financial planning. With the right policy and coverage amount, life insurance can cover end-of-life costs, provide an inheritance to family, serve as income to a spouse, or cover some outstanding debts.

Those currently enrolled in VA's current policy for service-connected Veterans, Service-Disabled Veterans Life Insurance (S-DVI), may keep their coverage or switch to VALife. Although S-DVI will be closed to new enrollments after December 31, 2022.

Chris Deery, Cass County VSO

deeryc@casscountynd.gov, 701-241-5746

NDSU Bison



VS



SDSU Jackrabbits

National Championship Game

On ABC January 8th @ 1:00 PM

Come on down and Watch the Game on the Big Screen



Bison Burgers At 1:00 PM



vs



@ TBD

Right here at Your Friendly Moorhead American Legion

Post 21 - In House



Saturday, January 21, 2023

Chili's must be submitted by 1 PM

With Judging starting at 2 PM

Prizes awarded to the top 3 chili's

NO BINGO

Meat Raffles & Horse Races



Rick Adams Live From 7 - 10 PM

NOON LUNCHES



11:30 AM to 2:00 PM

Come on in Tuesday - Friday

For a great Lunch.

218-233-1297

TAKE-OUT ALSO AVAILABLE

Check Facebook for

Daily Specials.



UFFDAH it's cold outside Hotdish Contest

Come join us January 23, 2023 at the Friendly Moorhead American Legion Post 21 for our 3rd Hotdish Contest!

It's cold outside and lets start cooking! Everyone is invited to enter their favorite hotdish as we know us Midwesterners are known for our hotdish!

Registration: NLT 12:30

Judging: 1:00 PM

Awards: 2:00 or earlier, depending on the amount of entrants. Hotdishes will be available to the public after judging.

During this time there will be a silent auction from 11:00-3:00 pm

*Entrants should bring a copy of the recipe



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*Eligibility: Vietnam and Vietnam-era veterans who served on active duty in the U.S. Military (for other than training purposes) between February 28, 1961 and May 7, 1975 (in country Vietnam), or between August 5, 1964 and May 7, 1975 for Vietnam-era veterans. Return this application along with a copy of your DD Form 214.

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I am a spouse/friend or a Vietnam vet and would like to join Associates of Vietnam Veterans of America (AVVA)

Vietnam Veterans of America Chapter 941

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RETURN SERVICE REQUESTED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Years Day See Holiday Schedule Flyer in Newsletter For Activities	2 SAL Burgers & Brats 5:30 - 8:00 PM No Auxiliary Mtg	3 Bingo - 6:30 PM Kitchen 5:00 PM	4 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM	5 Kitchen 5:00 PM Bingo - 6:30 PM RRV Woodcarvers Meet at Noon	6 Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Kitchen 5:00 PM Karaoke w/Pepper Right after Bingo	7 Burgers - 11:30 - 2 Kitchen 5:00 PM No Bingo Band - MVT 6 - 9 PM
8 Open 11 AM - 11 PM Vikings @ Bears Kickoff TBD NDSU vs SDSU - See Flyer Riders Breakfast - See Flyer	9 SAL Burgers & Brats 5:30 - 8:00 PM Post Meeting - 7 PM	10 Bingo - 6:30 PM Kitchen 5:00 PM	11 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM	12 Bingo - 6:30 PM Kitchen 5:00 PM RRV Woodcarvers Meet at Noon	13 Bingo - 6:30 PM 2 - \$500 Blackouts Kitchen 5:00 PM	14 Burgers - 11:30 - 2 Kitchen 5:00 PM Bingo - 6:30 PM Late Night Bingo - 8:30 PM
15 Open 11 AM - 11 PM NFL Playoffs TBD vs TBD (1pm ET - FOX, FOX Deportes) TBD vs TBD (4.30pm ET - CBS, Paramount+ , Nickelodeon, Amazon Prime Video) TBD vs TBD (8.15pm ET - NBC, Peacock, Telemundo) Blues/Golds Baseball Breakfast	16 SAL Burgers & Brats 5:30 - 8:00 PM Valley Vintage Car Club Mtg - 7:30 PM	17 Bingo - 6:30 PM Kitchen 5:00 PM	18 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM	19 Bingo - 6:30 PM Kitchen 5:00 PM RRV Woodcarvers Meet at Noon	20 Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Kitchen 5:00 PM Karaoke w/Pepper Right after Bingo	21 Burger Baskets 11:30 AM - 2:00 PM \$5.00 Kitchen - 5:30 PM In House Chili Cookoff See Insert Rick Adams - 7 - 10 PM
22 Open 11 AM - 11 PM NFL Playoffs TBD vs TBD (3pm ET - NBC) TBD vs TBD (6.30pm ET - CBS)	23 SAL Burgers & Brats 5:30 - 8:00 PM Moorhead Lions Meeting - 6 PM	24 Bingo - 6:30 PM Kitchen 5:00 PM MBA Breakfast Mtg 7 AM - Village Inn	25 Steak Fry - \$12.00 6 - 8 PM	26 Bingo - 6:30 PM Kitchen 5:00 PM RRV Woodcarvers Meet at Noon	27 Bingo - 6:30 PM 2 - \$500 Blackouts Kitchen 5:00 PM	28 Burgers - 11:30 - 2 Kitchen 5:00 PM Bingo - 6:30 PM Late Night Bingo - 8:30 PM
29 Open 11 AM - 11 PM NFL Playoffs AFC Championship Game (AFC, 3pm ET, CBS) NFC Championship Game (NFC, 6.30pm ET, FOX) Hotdish Contest/Honor Flight See Insert for Details	30 SAL Burgers & Brats 5:30 - 8:00 PM UPB Meeting	31 Bingo - 6:30 PM Kitchen 5:00 PM	<h1 style="color: green; font-size: 2em;">JANUARY 2023</h1>			