



The Heart Herald



Melvin E. Hearl Post No. 21 - 303 30th St N. Moorhead, MN 56560

Phone: 233-1297 • Fax: 233-6872 • Like us on Facebook - legionpost21 • May 2023

Post



2022 - 23

Commander
Paul Leeman

1st Vice Commander
Marvin Nicklay

2nd Vice Commander
Will Fisher

Chaplain
Marvin Nicklay

Color Guard
Peter Larson

Membership
Tim Haugen

Adjutant
Tim Haugen

House Committee
Chairman
Darin Mogck

SAL Squadron
Commander
Dale Jensen

FM Legion Riders
Director
Doug Dietrich

Club Manager
Scott Moen

Gaming Manager
Dennis Beckerleg

COMMANDERS CORNER

We have made it through another winter; let's hope spring will come quickly.

The Post had another busy month in April, and thank you to all the employees and volunteers who helped make this a great club.

May is a busy month not only for the Post, this time of year. Families are getting ready for the lake, and the end of the school year, especially those families having a graduation ceremony this year.

During the Post meeting on May 8th, we will be holding elections. I want more members to come and express their support for this.

On a more serious note, just like most Posts, our membership is aging, and we have a couple of programs that need someone to help with. They are Boy's State, American Education, and Children and Youth. If you are interested in helping, please come to the meeting and let us know.

Our membership renewals are still lagging; if you haven't renewed for this year, please send it in.

The Post will host this year's Memorial Day ceremony; please check out the flyer for this and other events happening this month.

One last note we now have a lunchtime cook. If you haven't tried it yet, please do so; the food is awesome.

Paul Leeman,
Commander

Hello Members!!

As I am sitting down writing this newsletter, the weather still is not cooperating at all!! I guess we will appreciate it a lot more when it does come around. This past weekend we hosted the annual Balzum Wing Sling. This is a chicken wing cooking contest. A good majority of the proceeds go to the Veterans Warrior Foundation, and they sure do raise a lot of money. Hats off to the crew and the staff for pulling off a huge successful day!!

Now, to talk about some other things that are happening here at your Post 21. If you haven't been in to try the new cook's food at lunch, you are missing out. Sarah is doing a wonderful job, and it's nice to see people back in the Post for lunchtime.

As you read this, Dennis B., Tim H., and I are lucky enough to be volunteers on the Veterans Honor Flight to Washington, D.C. This is such an honor to be a part of this event, and it is something I am sure we will not so forget.

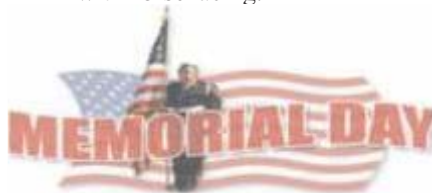
On May 6th, we are starting out the month with a Kentucky Derby Party with contests and live music, and of course, "Mint Juleps" to go along with horse racing.

MANAGER'S CORNER

Come on out and see us and wear your best Kentucky Derby hat. On Mother's Day, bring your mother or whoever out to the Post for some good old fashion Potato Dumplings from 11 am to 3 pm. If you don't fancy potato dumplings, we will have scallop potatoes and ham as well. All proceeds go to the Veterans Honor Flight. A few days later, on May 17th, which is Steak Night, Rick Adams will be here to entertain you. If you plan to come out, come early because we had a full house when he played on Feb. 1st, It is such a good time. Then on Saturday the 20th, we have the "Karma Band" taking the stage at about 7 pm. I almost forgot, on Wednesday the 17th, we also kick off our series of Wednesday night Vintage Car Shows for the summer sponsored by the VVA, VVCC, and NL Corvette Club. This will be a must-see, then come on in and have a steak and listen to Rick Adams.

Memorial Day is always a special day at Post 21. Make sure you pay attention to the flyer in this letter, and we will see you all at the club. Until next time, think of summer and warm weather, and always keep our troops and veterans in our prayers. May God Bless You, and May God Bless America.

Scott B. Moen
Post 21 Manager



Auxiliary



2022 - 23

Aux President
Barb Chamberlain

1st Vice-President
Jean Nygaard

2nd Vice-President
Lori Ishaug

Treasurer
Kathy Spielman

Secretary
Aubrey Ketterling

Chaplain
Becky Olson

Sgt at Arms
Mavis Lura
Janice Engen

Membership
Judy Carpenter

Executive Officers
Jolinda Michels
Denise Anderson



President's Corner

May greetings!
May is an important month for the American Legion Auxiliary. It is Poppy Month! Poppy distribution is an important part of our mission and tradition. I am going to spend some time describing the history of the poppy and the American Legion Auxiliary, taken from the American Legion Auxiliary Unit Guide.

In the spring of 1919, amidst complete devastation, poppies bloomed in abundance on the battlefields of France, where so many men had fallen in battle. A replica of these poppies has become the memorial flower of the American Legion Family. The American Legion was the first national organization to adopt the poppy as its memorial flower at its National Convention in Cleveland in 1920. To protect the memorial poppy from commercialism, the American Legion Auxiliary adopted a national poppy program at the St. Paul Convention in 1924. The Auxiliary adopted the poppy as its memorial flower in 1921. When it adopted the poppy, the Auxiliary pledged 100 percent of profits from poppy distribution to welfare relief for servicemembers and their families, thus fulfilling the true meaning of the poppy: an emblem of faith, faith which is being kept with all who died through service to the living. John McCrea wrote the poem In Flanders Fields in 1915, which inspired the use of the poppy as a symbol of remembrance. Over 1000 Americans gave their lives in the final offensive to liberate Belgium. Nearly 370 Americans are buried here in Waregem, West Flanders, Belgium. It is now a peaceful site providing a garden for quiet contemplation.

In keeping with Poppy Month, our Unit will be distributing poppies and memorial cards of remembrance at our Legion Post. The memorial cards will each be displayed on the wall of our Post 21. Please keep in mind the meaning of the poppy as you donate to the American Legion Auxiliary Poppy Fund. The funds from poppy donations will continue to be used for the welfare of veterans, active military personnel, and their families.

Once again, our dedicated Auxiliary members made poppies for the Minnesota State Department at our April meeting! We will continue this project until we reach our goal of 1000 poppies! Let's meet again at 5:00 before our May meeting and keep the project going. Our May meeting is at 6:00 on May 1st. You are all invited to attend!

The Craft and Vendor Show on April 1st was once again a huge success. A giant thank you to Judy and Kristi for organizing the event and also to our members that helped set up and work at the show. Also, a big thank you to the Post members that helped set up tables early in the morning! A thank you also goes out to our members that helped serve coffee and cookies at the PreFlight for the Honor Flight this past month. The Auxiliary is also helping serve the weekly Thursday night dinner at the Post. We will discuss this more in-depth at our May meeting. The Honor Flight returns on May 2nd, and we would like to see our members at the airport waving flags to welcome the Veterans back home. The time will be given at our next meeting. If you haven't had this experience of welcoming our Veterans from returning from their "Trip of a Lifetime," it is a very emotional experience and one to remember for what our mission stands for.

This is a reminder that our Unit is ordering very nice sweatshirts with the poppy logo and Unit 21 embroidered on them. The price is \$40 and \$42 for 2x and 3x sizes. Please put your order in at our next meeting if you haven't done so already.

Please look at the Post calendar for the May events coming up, including May 6th, the Kentucky Derby Day, and the May 29th Memorial Day activities.

In remembrance of the service members who sacrificed all.

Barb Chamberlain, American Legion Auxiliary President

AUXILIARY MEMBERSHIP

It's been a great month for membership – 6 new members! Moorhead Unit 21 welcomes Karen Adams, Judy Balluff, Sharon Perez, Missy Forde, and two juniors – Hadley and Piper Forde.

We are currently at 91% of our membership goal, so still, a few more to go. We only have a couple more months before the end of our Auxiliary year, so please check your membership card to make sure it says 2023. July is the beginning of our 2024 membership year – it doesn't go by the calendar year.

When I joined the Auxiliary back in the 1980's, Moorhead Unit 21's membership was more than double what it is now. Unfortunately, times change, and along with the changes came more and more demands on our time. I firmly believe in the old saying – if you want something done, ask someone who is busy. These days, I'm pretty sure all our members are busy. That's why I'm challenging each one of our members to recruit one new member. We can do it – our veterans deserve all the help we can give them. Look at what we're doing now and imagine what we could do if we doubled our membership!

Have a Happy and Safe Mother's Day and Memorial Day weekend. !

Judy Carpenter, Membership Chairperson
7 0 1 - 3 6 7 - 6 1 7 3 .
jucarpenter@earthlink.net
1332 11th Ave N,
Moorhead, MN 56560

Thank You

Thanks to everyone who helped make our April 1 Craft-Vendor Show and Silent Auction a success. We couldn't do it without you. Watch for information on the next one in November, when we will do this all over again. It's a fun way to raise money for our many Auxiliary projects.

Kristi Perez, Craft-Vendor Fundraiser Chairperson



This has been a long brutal spring, or lack of for us riders. Let's pray for good riding weather before winter is back! We do have some great events in May. We have decided to support PADS with a \$2200.00 donation and have bought a table at their fundraiser for the new building. Thanks to Jeff Sailor for setting this up. On June 10th, we will be riding an Iron Butt ride to benefit the Honor Flight of ND/MN. We do have some spots open (1000 miles in 24 hours). If you have an interest in this event, contact me or Bob Gregor for details. Our annual ride will be on July 15th, 2023. I hope to see all riders joining us on this fun run. See Marc Simonet for details. The MN ALR Legacy Run will be spending the night on 7-29-2023 in Moorhead. We have a fun-filled day at the Legion planned, ending with the Front Fenders entertaining that evening. Please all show up to support this great cause. The Moorhead Legion and the Legion Riders have combined forces to Knock this out of the park. Please keep the Tom Fradet family in your prayers, as his life ended way too soon in a motorcycle accident. Please stay vigilant, watching for motorcycles! Let's all stay safe during this motorcycle season! As always, Thank You to Post 21 and all of you members that make it possible for your Riders to do so many great things for our community!

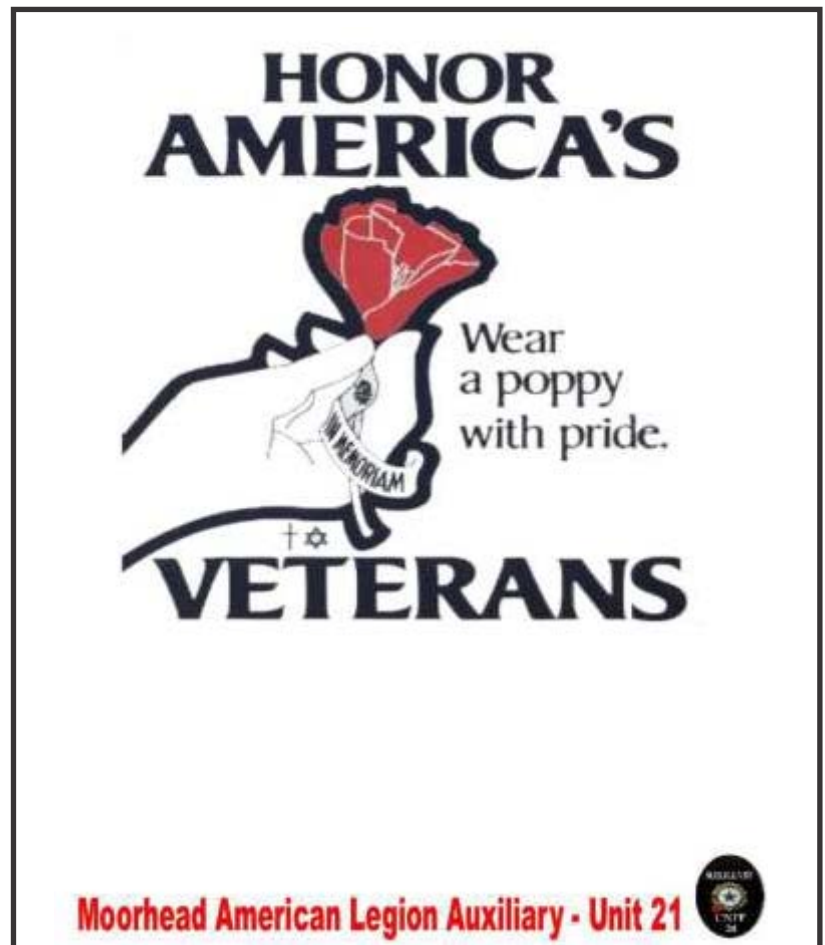
Doug Dietrich, Director FM Legion Riders

Poppy

The Poppy Program is one of our most known programs in The American Legion Auxiliary. Adopted in 1921 by the American Legion Auxiliary, the Poppy Program was started in 1924. Since then, our special red poppy program has been synonymous with The American Legion Auxiliary. Although distributed and worn around Memorial Day and Veterans Day, there are many ways to wear and use the poppy all year around. The making of our poppy is done by Veterans, and they are paid by the American Legion Auxiliary.

The poppies are NEVER SOLD; they are distributed. They are offered to anyone whether they give a donation or not. The poppy has been pinned on jackets, labels, hats, and other clothing items to honor the sacrifices of the men and women who served. Other ways to promote the poppy are Miss Poppy contests, Poppy gardens, Poppy Poster contests, and poppy craft projects. The poppy symbol may be used in non-traditional displays: think centerpieces, corsages, hats, buttons, balloons, stickers, temporary tattoos, t-shirts, cookies, cupcakes, wreaths, Christmas decorations, note cards- all fun ways to promote our poppy.

Lori Ishaug, Unit 21 Poppy Chairman



If you would like to recognize a loved one, stop in at the Club and see the Bartender or a Post 21 Employee to get your Poppy card. We are requesting a \$5.00 Donation, and all Poppy cards will be placed on the wall at the Post Home between now and the 4th of July.



FARGO MEMORIAL HONOR GUARD VA NATIONAL CEMETERY

THE FARGO MEMORIAL HONOR GUARD HAS BEEN SERVING THE FARGO VETERANS NATIONAL CEMETERY SINCE IT'S DEDICATION ON 7 SEPTEMBER 2019.

For the month of MARCH, we had 14 internments/burials, 4 Urns in LOT # 2 (GROUND) AND 4 Urns IN THE – CCA (COLUMBARIUM), AND 6 CASKETS IN LOT #5.

There are 167 urns in the Columbarium, 371 urns in the ground, 26 caskets in the private vaults, 177 caskets in the Government vaults, and 2 plaques on the Memorial Wall. WE HAVE 594 VETERANS AND 149 SPOUSES INTERRED/BURIED AT THE FARGO NATIONAL CEMETERY, FOR A TOTAL OF 743 INTERNMENT/BURIALS. THIS INCLUDES THE 79 COUPLES INTERRED/BURIED AT THE FARGO NATIONAL CEMETERY.

WHAT CAN YOU HOLD WITHOUT TOUCHING IT?

WHAT HAS ONE HORN AND GIVES MILK?

KEEP READING!!!!!!

THE break down per branch of service is: Army – 324 Navy – 115, Marine Corps – 43, US Air Force -108, USAAF - 4, and Spouses – 149, for a total of 743 internments/burials

WE HAVE DONATED 263 VOLUNTEER HOURS FOR MARCH 2023. OUR YEARLY VOLUNTEER HOURS ARE – 2019 = 966, 2020 = 2,072, 2021 = 3,373, 2022 = 2,798, 2023 = 483. From 13 October 2019 thru 31 MARCH 2023, WE HAVE ACCUMULATED 10,289 DONATED VOLUNTEER HOURS.

UNCLAIMED VETERANS: I will have a complete report in the June issue of the Post 21 Newsletter. We have close to ten unclaimed Veterans since we opened in September of 2019.

ANSWERS: 1. A CONVERSATION 2. A MILK TRUCK

THERE HAS BEEN A NUMBER OF VETERAN INTERNMENTS/BURIALS IN THE AREA - LOCAL CHURCHES AND COMMUNITY CEMETERIES.

The Fargo Memorial Honor Guard has performed Military Honors in all types of weather. The FM Honor Guard WILL NEVER cancel an Internment of a Veteran because of bad weather. The family has to make that decision.

We are always looking for new members to join the Fargo Memorial Honor Guard. If you are interested or have questions, please call Marvin J. Nicklay at 701 - 371 - 0604 or email me at mjnicklayupb@gmail.com.

Be Careful- Be Safe - Wear Your Mask! Take care, and GOD BLESS. Marvin J. Nicklay Rifle Squad Commander

News From The Adjutant

The year is starting to fly by, and there are lots of things going on, and volunteerism is a little on the low side. When projects or events are going on, we often need help. It seems that it's always the same several people that always show up to help. I constantly hear members say we should do this or that, but many of those people never once volunteered to do any of these things.

Every now and then, someone will say we should do either this or that, and when I tell them that's a great idea, thanks for volunteering. They look very surprised, and their response is, "Oh, I wasn't volunteering to do that." All I can say is if you suggest it, you need to help do it!!



For those people that step up and volunteer to do everything that happens, thanks to you all that make it all work. You are very much appreciated, and I am very grateful you are there whenever we need something accomplished.

To those same volunteers that step up to help out our Post.... YOU ROCK!!!

Squadron 21 News

Greetings SAL Members!

We hope your May is looking good and you are preparing to get the plants and flowers in the soil. Memorial Day will be observed on Monday, May 29th. Many services will be performed throughout the Dilworth-Moorhead-Fargo-West Fargo region. Memorial Day is the time that we honor those who have lost their lives defending our country, the highest act of service, giving your life for your country. These celebrations include parades, military personnel participation, and Veteran Service organizations. Be a part of all the happenings SAL members!

We recently welcomed a new day kitchen; this looks to be a great addition and will feed our Legion Family and friends. Squadron Commander Dale Jenson would like to acknowledge all the extra SAL members that have helped the kitchen stay open and fill in on cooking when called. Complete your buddy checks and give a loved one a hug. Life is precious.

Squadron 21 in Moorhead would like to welcome the following new members to the Squadron 21 Family. Tim Peterson, Randy Sauvageau, Eric Eisenlohr.

Next General Meeting will be on May 1st. We will be talking about our annual raffle. Don't miss out on this! Respectfully,

Dale Jenson-SAL Commander
Jered Pigeon-Adjutant



[@MoorheadSAL](https://www.facebook.com/@MoorheadSAL)



DASH for CASH RACES

SATURDAYS at 4:00PM
WIN \$50 to \$250



KENTUCKY DERBY DAY

SATURDAY, MAY 6 - STARTS AT 3PM

DASH for CASH RACES (WIN \$50 TO \$500)

HAT CONTEST & MINT JULEPS

LIVE MUSIC AT 7PM



OVER THE TOP

FUNDRAISER FOR
THE VETERANS HONOR FLIGHT OF ND/MN
Save The Date!



JULY 22ND, 2023

AT THE MOORHEAD AMERICAN LEGION

303 30th St. N. Moorhead - North of the Fry'n Pan on Hwy 10

TIMELINE OF EVENTS

11am-4pm: Silent Auction (Inside)

11am-4pm: Car Show

1pm: Registration MHS Wrestling
Corn Hole Tourney - \$20/Team

2pm: Corn Hole Tourney Starts
Adult Games & Axe Throwing - Prizes!

1-3pm: Wine Pull

3-5pm: Dixieland Band

5pm: Moorhead Mayor Proclaims
ND/MN Veterans Honor Flight Day

5-6pm: Event Announcements - Prizes Given Away at 6pm

6-8pm: Uptown

8-11pm: Slamabama



**DJ Music
All Day!**



Food & Ice Cream Trucks!

Moorhead AMERICAN
LEGION
Post #21



Friday, May 12th 9 - Close

JOIN OUR TEAM!
BINGO & PULLTAB
POSITIONS AVAILABLE!



REAL COUNTRY IS BUSCH COUNTRY



May Entertainment

May 5: Karaoke 9pm

May 6: Kentucky Derby Party - Hat Contest,
Mint Juleps & More!

Live Music Acoustical Addiction 7-10pm

May 12: Brad Rivers Karaoke 9pm

May 14: **Voje Potato Dumpling Feed 11am-3pm**
All proceeds go to ND/MN Honor Flight

May 17: Steak Night 6-8pm

Live Music Rick Adams 6-8pm

May 19: Karaoke 9pm

May 20: Live Music Karma Band 7-11pm

May 26: Brad Rivers Karaoke 9pm

BINGO

6:30pm

Every Friday
Saturday May 13th
& May 27th
+ Late Night Session

SATURDAYS

BURGERS 11AM-2PM & DASH FOR CASH @ 4PM



Melvin E. Hearl, Post 21 would like to welcome the following American Legion Family Member to our Post Home!!

Gearld Bierdeman, Korea Era



Color/Honor Guard

The Honor Guard presented military honors for the following individuals: LuJean Thomas, NDANG; Curtis Askelson, US Army, Germany; Orville Dukleth, US Navy, USS Essex; and Timothy Langeberg, US Navy, Harold E Holt Naval base, Australia.

The arrival of Spring often results in an increased need for Color/Honor Guard activities. We need new members to participate in the Color/Honor Guard. A stipend is provided for each honors event you participate in, and the Post provides the required uniform. If you are interested, please contact me at 701-261-7012.

Peter Larson, Honor Guard Commander
Melvin E. Hearl Post 21, Email: phlarson@midco.net
Phone: 701-261-7012

Memorial Donations

Want to recognize your favorite Veteran? Consider purchasing a Paver and remembering them. The cost is \$75.00 per paver. For more information, contact the Post Home at 218-233-1297.



Remember -
our fallen heros.
They are the reason
that we are free.

Current Post 21 members serving on Active Duty/ Reserve Component

If you're currently in the service Active or Reserve Component and not listed below, please send me your information. I'd like to add your name to this list!!!

- | | |
|--------------------------------|-----------------------------------|
| GySgt Chad Beckerleg - USMC | MSgt Betsy Miller - ND ANG |
| MSgt Samuel Dibble - ND ANG | SPC Jacob Schobinger - USAR |
| TSgt Collin Denny - ND ANG | Capt Skyler Muller - USAF |
| MSgt Jason Meyers - ND ANG | Lt Col Adam Erlandson - USAF |
| SMSgt Jeffrey Dahl - ND ANG | Maj Tara Erlandson - USAF |
| MSgt Brandon Grund - ND ANG | Holger Loor - ND ARNG |
| MAJ Mathew Hoff - US ARMY | Monte DeBoer - US Navy |
| 1LT Shelby Moderow - USAR | SFC Seth Goehring - MN ARNG |
| SFC Nicholas Romie - MN ARNG | SSG David McCleary - MN ARNG |
| CMSgt Shane Amundson - ND ANG | CPT Jordan Dibich - MN ARNG |
| 1LT Lukas Ziegler - USA | MSgt Mason Krebsbach - ND ANG |
| SPC Gavin Bakke, MN ARNG | TSgt Jacob Dibble - ND ANG |
| MSgt Kyle Rosenfeldt, ND ANG | CMSgt Richard Hayes - ND ANG |
| CMSgt Rich Duysen - ND ANG | SPC Mason Hughes - ND ARNG |
| Gary Bush, SSGT, USMCR | |

***** - Currently Deployed**

Thank You for your Service!!!!



CORNHOLE LEAGUE

COMING THIS SUMMER!

THURSDAY NIGHTS



2023 Post 21 Cornhole Information

The league will begin May 25th and end August 10th. Playoffs start on August 17th.

You must register by May 18th. A \$20 fee will be added if you register after the 18th but before the 23rd. No exceptions.

Where:	American Legion Post 21 303 30th St N, Moorhead, MN 56560
When:	7 pm to 9 pm Every Thursday
Price:	\$60 per team
Roster:	Teams will consist of two players. However, substitutions are allowed.

For any questions or inquiries please contact Matt Sisler at (218) 689-3183 or Scott Moen at (701) 367-5787 or visit the Post 21 Facebook page.

Veteran's Honor Flight

Congratulations to the following Post 21 Members who were selected to be on the upcoming Veteran's Honor Flight (Apr 30 - May 2) to Washington, DC.



**James Olson, USAF, Korea Era
Drew Emanuel, USA, Vietnam Era
George Voje, USA, Korea Era
Thank you for your Service!!!!!!**



Post 21 Gaming

Moorhead American Legion
Gaming Tidbits

April 20th, 2023

Tax season has come and gone for most of us. Here at the Moorhead American Legion, we paid a total of \$158,213.38 in taxes last year. While the Native Americans pay NO taxes. Now they want to change the way we make our money for charities. Why do they get to have it both ways? Please let the men & women in government know your thoughts.

Dennis Beckerleg, Gaming Manger

MAY BINGO!
\$1199 BLKOUT - FRIDAYS, MAY 5 & 19
2/\$500 GAMES - FRIDAYS, MAY 12 & 26
SATURDAY SESSIONS
MAY 13 & MAY 27
LAST LATE-NIGHT MAY 13



Post 21 Gaming Donations

The Following Donations were approved by the Gaming Committee:

JR AFROTC	\$250.00
DGF Baseball	\$300.00
MN ALR Legacy Run	\$7,500.00
Time on the Water	\$100.00
Ronald McDonald House (Fargo)	\$500.00
Support the Troops MN	\$100.00
Camp Bliss	\$100.00
Glyndon Rod and Gun	\$500.00
Color Guard	\$1,282.00
Total	\$10,632.00

"RRR Fundraising Update"

(Restore, Refresh and Replace)

We are still raising money for the RRR Fund.

Thank you to an anonymous Donor for your donations to the RRR fund.

The RRR Fund is an ongoing fundraiser for repairs at your Post Home. Have questions on this fund, please give Scott Moen, Club Manager, a call @ 218-233-1297

Also, a very heartfelt thank you to all our previous donors for your dollars and Volunteering to make this Post Home look great.

Post 21 Management & Officers



HAT CONTEST .."TOO HOT TO NOT" (best ladies)

"DAPPER DAN" (best gents)

"HAT-A-TUDE" (best handmade, upcycled hat)

"UGLIEST HAT" (STABLE WORTHY)



Moorhead Blues/Golds Legion Baseball



2023 Moorhead Blues/Golds Legion Baseball Schedule

2023 Moorhead Blues Schedule

Date	Day	Place	Opponent	Time
Jun 14th	Wed	Thief River Falls	Home @ Matson	5:00 (2)
Jun 15th	Thur	Fergus Falls	Home @ Matson	5:00 (2) 7 PM (1)
Jun 16th	Fri	Fargo Post 400	Home @ Matson	9 Innings 11 AM (1)
Jun 18th	Sun	Wazyata	Home @ Matson	9 Innings
Jun 19th	Mon	Detroit Lakes	Home @ Matson	5:00 (2)
Jun 20th	Tues	Bemidji	Away @ Bemidji	5:00 (2)
Jun 22nd	Thur -	Omaha		
Jun 24th	Sat	Tournament	Away @ Omaha	TBD 5 PM (1)
Jun 26th	Mon	Grand Forks	Away @ Grand Forks	9 Innings
Jun 27th	Tues	Alexandria	Away @ Alexandria	5:00 (2)
Jun 28th	Wed	East Grand Forks	Home @ Matson	5:00 (2)
Jun 30th - Fri -				
Jul 2nd	Sun	FM Tourney	Home @ Matson	TBA
Jul 7th - Fri -		Gopher Classic		
Jul 9th	Sun	(Mankato)	Away @ Mankato	TBA 5 PM (1)
Jul 11th	Tues	Grand Forks	Home @ Matson	9 Innings 7 PM (1)
Jul 12th	Wed	Fargo	Away Fargo Post 2	9 Innings
Jul 13th	Thur	Perham	Away @ Perham	5:00 (2) 7 PM (1)
Jul 14th	Fri	Fargo	Away Fargo Post 400	9 Innings
Jul 19th - Wed -		Substate @		
Jul 23rd	Sun	Perham	Away @ Perham	TBA

2023 Moorhead Golds Schedule

Date	Day	Place	Opponent	Time
Jun 6th	Tues	Post 400 (Comets)	Away @ Fargo	5:30 (2)
Jun 8th	Thur	DGF	Away @ Dilworth	7:30 (1)
Jun 12th	Mon	Thief River Falls	Home @ Matson	4:00 (2)
Jun 13th	Tues	Bemidji	Home @ Matson	4:00 (2)
Jun 14th	Wed	Fergus Falls	Away @ Fergus Falls Away @ Fargo	3:00 (2)
Jun 15th	Thur	Fargo	(Jack Williams) Away @	12:00 (2)
Jun 22nd	Thur	East Grand Forks	East Grand Forks	4:00 (2)
Jun 23rd Fri -		Perham		
-Jun 25th Sun		Tournament	Away @ Perham	TBD
Jun 27th	Tues	Perham	Home @ Matson	5:00 (2)
Jun 29th	Thur	Post 400 (Comets)	Home @ Matson	5:00 (2)
Jul 5th	Wed	Alexandria	Away @ Alexandria	5:00 (2)
Jul 6th	Thur	DGF	Home @ Matson	5:00 (2)
Jul 11th	Tues	Bemidji	Away @ Bemidji	4:00 (2)
Jul 12th	Wed	Fargo	Away Fargo Bombers	4:00 (1)
Jul 13th	Thur	Alexandria	Home @ Matson	5:00 (2)
Jul 14th - Fri -		Substate @		
Jul 18th	Tues	Moorhead	Home @ Matson	TBA

JAY NELSON SEIOR CCIM
701.730.0290 cell
JayNelson@archercommercial.com

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422 Highway 75 North
Moorhead, MN 56560

Veterans Service Officer

Gaining Trust for Veterans – sharing news for future changes - May 2023 outlook - Vietnam Memorial Week in Fargo, Apr. 29 – May 5.

If you or know a veteran in need that are having trouble with their direct deposit or have changed banks, for example, please try to use the information below for assistance.

Direct Deposit info can be changed via the phone: 800-827-1000

Or, if the Veteran has an account, they can use VA.gov to change their information:

<https://www.va.gov/change-direct-deposit/>

Vietnam Memorial Week in Fargo, Apr. 29 – May 5.

The Fargo Air Museum is partnering with the Vietnam Veterans of America Chapter 941 to kick off Vietnam Memorial Week from Apr. 29 through May 5. Opening ceremony begins at 9:30 a.m. Saturday, Apr. 29, at the Fargo Air Museum, 1609 19th Ave. N. The ceremony consists of keynote speaker Glenn Thoreson, F-4 flight surgeon, and Vietnam veteran; the missing man ceremony; 21-gun salute; presentation of colors and more, according to a press release from Fargo Air Museum. A second ceremony on Apr. 30 will feature keynote speaker Maynard Kaderlik, a Vietnam veteran knowledgeable on Agent Orange and the PCAT Act, a live musical performance by the Red River Valley Veterans Concert Band, and more. Additionally, the Vietnam Memorial Wall, the Canadian Vietnam Memorial Wall, various aircraft, and military vehicles will be on display during the week. Both CVSO's are planning to speak Sunday, Apr. 30, around 1400 to wrap up the day's events. The week of events is free and open to the public.

Rebuilding Trust

Veterans Affairs Secretary Denis McDonough said that a lack of trust in the Department of Veterans Affairs remains a key obstacle preventing veterans from filing benefit claims, including for benefits covered under the new PACT Act, “There's just a general lack of trust issue in VA,” McDonough conceded at last week's War Horse Symposium, a forum that discussed issues related to service members and veterans. The Sergeant First Class Heath Robinson Honoring our Promise to Address Comprehensive Toxics or PACT Act was named after an Ohio Army National Guard soldier who served in Iraq and Kosovo. Robinson died in 2020 from toxic exposure resulting from his military service. McDonough said that as of last week, 450,000 out of roughly 5.3 million individuals eligible to file claims under the PACT Act had done so. According to the VA, however, more than 2.5 million toxic exposure screenings have been conducted as of Mar. 20. McDonough said that he sees the 450,000 who have signed up since last August as a small number compared to the more than 5 million eligible beneficiaries. “Trust is a hard thing to gain but an easy thing to lose,” he responded when asked why the number isn't larger. McDonough added that some veterans may be reluctant to enroll in VA health care or claim benefits because of previous bad experiences. Another reason, McDonough suggested, is that veterans may have received misleading information. The PACT Act was signed into law Aug. 10, 2022, a total of 172,515 PACT Act-related claims from veterans and survivors have been completed through March 18. The lag in processing claims reflects major recruiting and retention issues facing both the Veterans Health Administration and the Veterans Benefits Administration. The VA is conducting a comprehensive, targeted effort to reach veterans and survivors so that they apply for PACT Act-related care and benefits immediately. The agency has hosted more than 125 PACT Act “Week of Action” events in all 50 states, the District of Columbia, and Puerto Rico. During these events, the VA completed 5,600 toxic exposure screenings and received 2,600 claims for benefits. McDonough also highlighted mistrust in the VA as a primary challenge during his 2021 confirmation hearing. Last November, he told Military Times that “one of the big issues with VA is to make sure that the vets trust us.”

Written by Jennifer Hickey

<https://www.ngaus.org/newsroom/va-secretary-trust-remains-barrier-vets-claiming-benefits>

Possible changes to Dental on the horizon...

Rep. Gus Bilirakis has co-signed a bill that would expand dental care coverage for veterans with certain chronic health conditions. Bilirakis and California Congressman Mike Levin of California reintroduced the Veterans Early Treatment for Chronic Ailment Resurgence through Examinations (VET CARE) Act. It would require the Veterans Administration (VA) to put in place a four-year pilot program providing dental care for veterans with certain chronic health conditions. Right now, dental care through the VA is limited to those who are 100 percent disabled or have a direct service-connected injury. Studies have shown that regular dental care helps alleviate certain chronic conditions, reducing overall healthcare costs. Since the VA spends most of its healthcare costs on treating veterans with chronic ailments, like diabetes and heart conditions, increasing access to preventative dental services would help ensure a healthier Veteran population and bring those costs down, according to a Bilirakis press release. “Our veterans have sacrificed so much on behalf of our country; they deserve access to high-quality healthcare – and that includes dental care,” Bilirakis said. “The VET CARE Act will get the ball rolling to expand access to dental care for our nation's heroes and could result in lower overall health care costs for the VA. Citrus County has more than 20,000 veterans. “Not only is this legislation good for veterans, but it is also good for the VA as a whole,” Bilirakis added. Bilirakis represents Citrus, Hernando, and Pasco counties in the 12th Congressional District,

Michael D. Bates is a staff writer.

https://www.chronicleonline.com/news/local/dental-care-coverage-for-veterans-could-expand/article_5d866e84-78fe-588e-a2b3-f060ce45f3bb.html

Chris Deery, Cass County VSO

deeryc@casscountynv.gov, 701-241-5746





VETERANS HONOR Flight of ND/MN

Upcoming Events

www.veteranshonorflightofndmn.org



Veterans Honor Flight of ND/MN will be at the following events. We have been blessed to have our products to sell at the following events. Some of the events are hosted by Veterans Honor Flight of ND/MN, others are from generous sponsors of the events.

Follow our Face Book Page for more detailed information Veterans Honor Flight of ND/MN

Here are a few fundraisers that are coming up

<u>Date/Time</u>	<u>Event</u>	<u>Location</u>
May 3, 2023	Meat Raffle - 5:30 - 7:00	Wild Rice Bar and Grill
May 4, 2023	Moorhead Cruise Night	Moorhead Center Mall
May 6 - 7, 2023	Red River Valley Motorcyclists Bike and Car Show (see FB page)	Alerus Center, Grand Forks
May 14, 2023	Potato Dumplings	American Legion Moorhead
May 17, 2023	Meat Raffle - 5:30 - 7:00	Wild Rice Bar and Grill
May 31, 2023	Meat Raffle - 5:30 - 7:00	Wild Rice Bar and Grill
June 1, 2023	Moorhead Cruise Night	Moorhead Center Mall
June 13 - 14, 2023	Pro-Open Bowl (some proceeds to HF)	Sunset Bowling-Moorhead
July 5, 2023	Pizza Night United Methodist Church	Alexandria, MN
July 6, 2023	Moorhead Cruise Night	Moorhead Center Mall
July 16, 2023	RedHawks Jersey Game for HF	RedHawks Stadium, Fargo
July 22, 2023	Over the Top-Street Dance, Food Trucks POW/MIA Hot Air Balloon	Moorhead Legion
August 4, 2023	Moorhead Cruise Night	Moorhead Center Mall
September 7, 2023	Moorhead Cruise Night	Moorhead Center Mall
September 16, 2023	Meat Smoke out	American Legion Moorhead

Send Donations to: - Honor Flight - PO Box 644 - West Fargo, ND

Memorial Day 2023

The Moorhead American Legion Post 21 and Dilworth VFW Post 1223 Honor Guards will be at the following locations on Memorial Day Monday, May 29th. Military Honors will be given at each site which includes: Rifle Salute, Prayer, and Taps. The public is invited to view the Military Honors and attend the ceremony which will be held at the Moorhead American Legion, 303 30th St N., Moorhead at 11:00 AM. This year's Guest Speaker is Jeff Miller (Ret), Command Chief Master Sergeant ****This is all subject to changed and as we get updated information on the current situation, we will update our Facebook page as well as email out to our membership of those emails we've**.**

- 7:00 AM Main Ave Veteran's Bridge
- 8:45 AM Moorhead Memorial Gardens South Moorhead
- 9:15 AM Sabin (Elmwood Cemetery)
- 9:30 AM Sabin (Trinity Cemetery)
- 10:00 AM Evergreens South Moorhead
- 10:15 AM Prairie Home Concordia
- 10:30 AM St Joseph's North Moorhead
- 10:40 AM Riverside North Moorhead
- 11:00 AM Moorhead American Legion – Public Invited



**** These times are approx so it is recommended that you should be there at least 10 - 15 minutes early.**

- 12:15 PM There will be a flag-raising ceremony at the Moorhead Legion @ 12:15 at the Post 21 Memorial. The Red River Valley Veterans Concert Band will be performing the music. All are invited to attend. BBQ and chips served afterwards.



Post 21 Election of Officers

Post 21 will holding its annual elections in May. If you are interested in running for a position on our Board of Officers or even a Chairman position please speak to one of the following Past Commanders: Gary Schulz or Tim Haugen.

You're Invited!
VETERANS BREAKFAST
FREE OF CHARGE FOR ALL WHO HAVE WORN THE UNIFORM

Date: Sat May 27
Time: 8:30 AM
Location: Fargo Baptist Church
3303 23rd Ave S (West Wing)

Enjoy fellowship & food

Questions? Text or Call - Donnie Rodger 701-388-5026



**Karaoke Lovers
Pepper
at the Moorhead**

**AMERICAN
LEGION**

Friday, May 5

9 - Close



Acoustical Addition

Moorhead

**AMERICAN
LEGION**

Saturday, May 6

7 - 10 PM

Moorhead **AMERICAN
LEGION**

Post #21



**BRAD RIVERS
Productions**

M.C. • DJ • KARAOKE

Friday, May 26th **9 - Close**

**2023 VETERAN'S
COFFEE HOUR**

Join us for complimentary coffee and donuts at the **Fargo Air Museum**

10am-12pm on the second Wednesday every month

MAY 10	SEPTEMBER 13
JUNE 14	OCTOBER 11
JULY 12	NOVEMBER 8
AUGUST 9	DECEMBER 13


Refreshments Served & Provided By
Fargo Air Museum



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Wear a poppy with pride.

**FOR
VETERANS**

Moorhead American Legion Auxiliary - Unit 21

**Karaoke Lovers
Pepper
at the Moorhead**

**AMERICAN
LEGION**

Friday, May 19

9 - Close

KARMA

APPEARING AT

Moorhead

**AMERICAN
LEGION**

Saturday, May 20

7 - 11 PM

Ham & Potato Dumpling **Moorhead**

FEED **American Legion**

Scalloped Potatoes & Ham **303 30th St N**

May 14 - 11 am to 3 pm. Free Will donation

Proceeds to benefit Veterans Honor Flight of ND/MN

Silent Auction 11 am to 3:30 pm 

Norwegian Bake Sale 

Food is prepared & served by the Voje (Scandinavian) Family

Saturdays



**Burger
Baskets**

*Plain or with
cheese, fries,
onions (fried or raw)...*

from 11:30am to 2:00pm

**2023
VETERANS VINTAGE CAR SHOW**

**NORTHERN LIGHTS
CORVETTE CLUB** 

**VIETNAM VETERANS
OF AMERICA** 

Valley Vintage Car Club 

VVA Chapter 941

5 - 8 PM - 3rd Wednesday

May 17 - June 21 - July 19

August 16 & September 20th

The Vietnam Veterans Of America, Valley Vintage Car Club & Northern Lights Corvette Club

FREE REGISTRATION Invite All Car Enthusiasts to the Moorhead Legion for a Fun Night of Classic Cars & Steak

IN HONOR OF ALL OUR VETERANS 

This is a NO Fee Show

Polish up and bring out your Vintage Car or

Just come to admire the great Classic Cars **FREE REGISTRATION**

Vote for your favorite Car

**AMERICAN
LEGION** **Wednesday is
"Butcher Block"
Steak Night**

303 30th St N

American Legion Post 21

Daily Lunch Specials-\$9.95 Plus Tax

Monday- Half Grilled Cheese W/ Tomato Basil Soup

Tuesday- Half Turkey Bacon Club W/ Chicken Noodle Soup

Wednesday- Half French Dip W/ Chicken Tortilla Soup

Thursday- Half Patty Melt W/ Lumberjack Vegetable Soup

Friday- Half Rubeen W/ Chicken Wild Rice Soup

Daily Soups

Homemade Knoephla Soup

Cup 3.99 Bowl 5.99

Burgers-

All burgers and sandwiches come with fries, upgrade to onion rings for 1.50, request lettuce, tomatoes and onions for .50 (All burgers can be made into a chicken sandwich for 1.99)

Hamburger- The traditional 1/3 lb angus beef patty served on a brioche bun 10.99

Cheeseburger- Choose from American or Swiss on our 1/3 lb angus beef served on a brioche bun 11.49 (Add bacon .50)

Cowboy Burger- 1/3 lb angus beef patty served with American cheese, bacon, BBQ sauce and an onion ring on a brioche bun 13.49

Patty Melt- 1/3 angus beef patty topped with American cheese and fried onions served on thick cut sourdough bread 12.49

Sandwiches-

Turkey Bacon Club- Smoked turkey, Swiss cheese, hickory smoked bacon and tomato on thick cut sourdough bread 13.49

Rubeen- Marble rye bread topped with corned beef, Swiss cheese, sauerkraut and thousand island dressing 14.49

Classic Grilled Cheese- American and Swiss cheese between thick sourdough bread 9.99

French Dip- Italian sliced roast beef with Swiss cheese served on a hot hoagie bun and a side steaming au jus 14.49

Baskets-

Chicken Tenders- Golden breaded chicken tenders served with fries with your choice of ranch or BBQ Sauce 11.99

Walley fingers- Breaded walleye strips served with fries and tartar sauce 13.99

Drununies- Only the drum.mies served with fries and your choice of ranch or BBQ Sauce 11.99

Onion Rings- Steakhouse onion rings piled high 8.99

Cheese Curds- Breaded Wisconsin cheese curds served with ranch 10.99

Pretzel Bites W/ Queso- Soft pretzel bites served with hatch chili queso 11.99

Chips and Queso- White corn chips served with hatch chili queso 9.99

Basket of Fries- Crispy battered fries 6.99



**AMERICAN
LEGION**

May 2023



SUN	MON	TUES	WED	THURS	FRI	SAT
	1 SAL Burgers & Brats 5:30 - 8:00 PM Auxiliary Mtg - 6 PM Squadron 21 Mtg - 6 PM Lunch 11 AM - 2 PM	 2 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	3 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM Lunch 11 AM - 2 PM	 4 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	5 Kitchen 5:00 PM Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Karaoke w/Pepper Right after Bingo Lunch 11 AM - 2 PM	6 Burger Baskets 11:30 - 2 PM - \$6.00 Kentucky Derby - 3 - 6 See Flyer Kitchen 5:00 PM Dash For Cash - Saturdays 4 - 5:30 PM Pig, Horse & Car Races Acoustical Addiction Live - 7 - 10 PM
7 Open 11 AM - 10 PM	8 SAL Burgers & Brats 5:30 - 8:00 PM House Committee Meeting - 6 PM Post Meeting - 7 PM Lunch 11 AM - 2 PM	 9 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	10 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM Lunch 11 AM - 2 PM	 11 10 AM - 2 PM BTYR Moorhead Meeting @ 8:30 AM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	12 Kitchen 5:00 PM Bingo - 6:30 PM 2 - \$500 Blackouts Karaoke w/Brad Rivers Right after Bingo Lunch 11 AM - 2 PM	13 Burger Baskets 11:30 - 2 PM - \$6.00 Dash For Cash - Saturdays 4 - 5:30 PM Pig, Horse & Car Races Kitchen 5:00 PM Bingo - 6:30 PM Late Night Bingo - 8:30 PM Last one till Oct
14 Open 11 AM - 10 PM Voje Potato Dumpling Feed - 11 am - 3 pm See Flyer	15 SAL Burgers & Brats 5:30 - 8:00 PM Valley Vintage Car Club Mtg - 7:30 PM Lunch 11 AM - 2 PM	 16 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	17 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM Rick Adams Live 7 - 9 PM Veterans Vintage Car Show 5 - 8 PM Lunch 11 AM - 2 PM	18 Insurance Luncheon 11 AM - 1 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	19 Kitchen 5:00 PM Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Karaoke w/Pepper Right after Bingo Lunch 11 AM - 2 PM	20 Burger Baskets 11:30 - 2 PM - \$6.00 Kitchen 5:00 PM Dash For Cash - Saturdays 4 - 5:30 PM Pig, Horse & Car Races Karma Band Live - 7 - 11 PM
21 Open 11 AM - 10 PM FM Legion Riders Meeting - 6:30 PM	22 SAL Burgers & Brats 5:30 - 8:00 PM Moorhead Lions Meeting - 6 PM Lunch 11 AM - 2 PM	 23 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	24 Mhd Business Assn Meeting @ Noon Steak Fry - \$12.00 6 - 8 PM Lunch 11 AM - 2 PM	 25 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Cornhole League - 7 PM Lunch 11 AM - 2 PM	26 Kitchen 5:00 PM Bingo - 6:30 PM 2 - \$500 Blackouts Karaoke w/Brad Rivers Right after Bingo Lunch 11 AM - 2 PM	27 Burger Baskets 11:30 - 2 PM - \$6.00 Dash For Cash - Saturdays 4 - 5:30 PM Pig, Horse & Car Races Kitchen 5:00 PM Bingo - 6:30 PM
28 Open 11 AM - 10 PM	29 MEMORIAL DAY Open at 11:00 Program @ Post Home 11:00AM Flag Raising Ceremony Approx. 12:15 See Insert No SAL Burgers	 30 10 AM - 2 PM MBA Breakfast Mtg 7 AM - Village Inn Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	31 Steak Fry - \$12.00 6 - 8 PM Lunch 11 AM - 2 PM	 MEMORIAL WEEK BINGO SESSIONS May 23 thru May 27 (Memorial WEEK) Moorhead American Legion will donate ALL BINGO PROFITS to Veteran Activities at the VA Hospital & Fergus Falls Veterans Home Support our Veterans this Memorial Day!		



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